

# C'est Si Bon

Composers: John & Kay Grooms, 1713 Wadsworth Dr. Cayce, SC 29033 (803) 791-9881  
Record: ROPER 278 SLOW TO SUIT (42)  
Footwork: Opposite. Directions for Man except where noted. REC. AUG. 20, 1993  
Rhythm/Phase: Foxtrot, Phase III + 2 (3 Step, Weave)  
Sequence: INTRO, AABC, AABC, END

## INTRO

Meas.

**1 - 4 WAIT;; SLO STD ACK TO CP DW;;**

1-4 wait ofp dw;; apt L-,pt R twd ptr,-; step tog R,-,tch L cp dw-;

## PART A

**1 - 8 WHISK; WING; TELEMAR SCP; HVR FALLAWAY; SLIP PIVOT; MANUV; SPIN TRN;  
BK 1/2 BOX TO CP DW;**

(Whisk) fwd L dw,-, fwd & sd R, xLib (Wxib) scp/lod; (Wing) fwd R,-,draw L twd R, tch L to R scar/dc (W fwd L -,R,L arnd M to scar); (Telemark to Semi) fwd L trng lf,-, sd R cont trn, fwd L scp/dw (W bk R beg lf trn collect L heel to R no wt,-,trn lf on R heel chg wt to L, fwd R to scp); (Hover Fallaway) fwd R,-, fwd L rising, rec bk R;  
(Slip Pivot to Bjo) bk L,-, bk R, sd & fwd L bjo/dw (W bk R,-, piv lf L bet M's feet to cp, bk R to bjo);  
(Manuv) fwd R dw mvr'g to cp rlod,-, sd L, cl R; (Spin Turn) bk L piv rf,-, fwd R lod rising to toes, rec bk L cp/dw (W fwd R piv rf,-,bk L, brush R to L fwd R); (Back Half Box) bk R,-,sd L, cl R to cp/dw;

REPEAT A

## PART B

**1 - 8 THREE STEP; FWD-RUN 2 SCP; FWD-RUN 2; THRU CHASSE TO BJO; FWD-FWD/LK,FWD;  
MANUV; SPIN TRN; 1/2 BK BOX (SCAR DW);**

(Three Step) fwd L,-,R,L to cp/lod; (Fwd Run Two Semi) fwd R,-,L,R to scp/lod (W bk L,-,bk & sd R trng lf to scp, fwd L to scp); (Fwd Run Two) in scp fwd L,-, R, L; (Thru Chasse Bjo) thru R to cp/wall,-, sd L/cl R, fwd L to bjo (W bk R to bjo); (Fwd Fwd/Lock Fwd) fwd R,-,fwd L/lk Rib, fwd L; (Manuv) fwd R dw mvr'g to cp/rlod,-, sd L, cl R; (Spin Turn) bk L lod piv rf,-, fwd R lod rising to toes, rec bk L cp/dw (W fwd R piv rf,-,bk L, brush R to L fwd R); (Back Half Box) bk R,-,sd L dc, cl R to scar/dw;

## PART C

**1 - 16 CROSS HVR BJO; CROSS HVR SCAR; CROSS HVR SCP; WEAVE 6 TO BJO;; MANUV; TWO RF TRNS;;  
HOVER; CHAIR-REC,SLIP; TWO LF TRNS;; TWIRL/VINE 3; MANUV; IMP SCP; THRU FACE CLOSE;  
(Three Cross Hovers) (1) fwd L dw,-, fwd & sd R trng lf bjo/dc, rec L; (2) fwd R dc,-, fwd & sd L trng rf scar/dw, rec R;  
(3) fwd L dw,-, fwd & sd R trng lf (W rf) to scp/dc, rec L; (Weave to Bjo) thru R, fwd L trn lf to cp/coh, sd & bk R bjo/drc; bk L lod, bk R trn lf blind cp, sd & fwd L bjo/dw; (Manuv) fwd R dw mvr'g to cp/rlod,-, sd L, cl R;  
(Two RF Turns) bk L trng rf cp/dc,-, sd R, cl L; fwd R trng rf to cp/wall,-,sd L, cl R; (Hover) fwd L,-, sd R rising to ball of R ft, rec L to scp; (Chair Recover Slip) thru R flex knee,-,rec L, bk trng W to cp/lod;  
(Two Left Turns) fwd L trng 1/4 lf fc coh,-, sd R fc drc, cl L; bk R trng lf to fc wall,-, sd L twd lod, cl R end cp/wall;  
(Twirl/Vine) sd L,-,xRib, sd L scp/lod (W twl rf under jnd ld hands); (Manuv) fwd R dw mvr'g to cp/rlod,-, sd L, cl R;  
(Impetus Semi) bk L trng rf,-, cl R heel trng rf, fwd L scp/dw; (Thru Face Close) fwd R,-, sd L to fc wall, cl R;**

REPEAT AABC

## ENDING

**1 - 4 TWISTY VINE 3; FWD FACE CLOSE; TWO SIDE CLOSES; SLO SIDE CORTE;**

(Twisty Vine) sd L,-, xRib (W xif) to scar, sd L to bjo; (Fwd Face Close) fwd R,-, sd L to fc wall, cl R cp/wall;  
(Two Side Closes) sd L, cl R, sd L, sd R; (Slow Side Corte) sd L to rscp,-,flexing R knee ext R twds rlod;